



AGENDA

COMMITTEE ON AGING

January 17, 2024, 12:00PM

Tulare Senior Community Center

Cascade Room

201 NORTH "F" STREET

MISSION STATEMENT

**TO PROMOTE A COMMUNITY MAKING TULARE THE MOST DESIRABLE PLACE TO LIVE,
LEARN, PLAY, WORK, WORSHIP AND PROSPER**

I. CALL TO ORDER

II. PLEDGE OF ALLEGIANCE

III. CITIZEN COMMENTS

*This is the time for citizens to comment on items within the jurisdiction of the Board. The Board cannot legally discuss or take official action on citizen comments that are introduced today. Each speaker will be allowed **three minutes**, with a maximum time of 10 minutes per item, unless otherwise extended by the Board.*

IV. COMMUNICATIONS

*Communications are to be submitted 10 days prior to a meeting to be considered for this section of the Agenda. No action will be taken on matters listed under communications; however, the Board may direct staff to schedule issues raised during communications for a future agenda. Citizen comments will be limited to **three minutes**, per topic, unless otherwise extended by the Board.*

V. CONSENT CALENDAR:

All Consent Calendar Items are considered routine and will be enacted in one motion. There will be no separate discussion of these matters unless a request is made, in which event the item will be removed from the Consent Calendar to be discussed and voted upon by a separate motion.

(1). AGENDA

- a. Approval of the agenda for meeting – January 17, 2024.

(2). MINUTES

- a. Approval of the minutes from the special meeting – November 15, 2023.

VI. GENERAL BUSINESS

(1). NUTRITION

- a. Nutrition Report. These reports cover congregate and home delivered (hot and frozen) meal participation for the months of November and December, 2023.

(2). RECREATION-COMMUNITY SERVICES

- a. Recreation Report. These reports cover recreational activities and participation for the months of November and December, 2023.
- b. Classes & Activities: Additional information regarding classes and activities that may be prudent to the Commission.

VII. OLD BUSINESS

(1) 2024 Health Advocacy Fair

- a. Update the Committee on who will be attending and a breakdown of the day.

VIII. NEW BUSINESS

(1) Additional funding from KTAAA – Nutrition Modernization Funding - \$31,599

IX. ITEMS OF BOARD – None.

X. ADJOURNMENT

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

[Note: Pursuant to Government Code 54957.5 – Effective 7/1/08 Documents produced and distributed less than 72 hours prior to or during an open session of a regular meeting to a majority of the legislative body regarding any item on the agenda will be made available for public inspection at the meeting and at the City Clerk's office at City Hall located at 411 East Kern Avenue during normal business hours.

Next Scheduled Committee Meeting: March 20, 2024

MINUTES

COMMITTEE ON AGING

12 NOON

Wednesday, November 15, 2023

Tulare Senior Community Center, 201 North "F" Street
Cascade Room

MISSION STATEMENT

*To Promote a community making Tulare the most desirable place to
Live, Learn, Play, Work, Worship and Prosper*

I. CALL TO ORDER

The Regular Meeting of the Committee on Aging was called to order at 12:06 p.m. by Albert Lemus.
MEMBERS PRESENT: Albert Lemus, Pam Malloy, and Jackie Zupp
MEMBERS ABSENT: Ralph Cantu and Jevon Price
STAFF PRESENT: Ashlee Winslow and Brian Beck
GUESTS:

II. PLEDGE OF ALLEGIANCE

The flag salute conducted.

III. CITIZEN COMMENTS – None.

IV. COMMUNICATIONS – None.

V. CONSENT CALENDAR – Approval of the Consent Calendar was made by Pam Malloy, seconded by Albert Lemus. Motion was passed with no objection.

a. Approval of agenda for the meeting on Wednesday, November 15th.

b. Approval of the minutes from the special meeting held on Wednesday, October 4th.

VI. GENERAL BUSINESS

a. NUTRITION REPORT: Ashlee Winslow reported on months September and October 2023.

a. Approval of the September and October Nutrition Report – motion made by Pam Malloy, seconded by Albert Lemus. Motion passed with no objection.

b. RECREATION REPORT: Ashlee Winslow reported on months September and October 2023.

a. Approval of the September and October 2023 Recreation Report – motion made by Pam Malloy and seconded by Albert Lemus. Motion passed with no objection.

VIII. OLD BUSINESS – Staff updated the Committee on the progress of the Healthy Advocacy Fair

which will be held on Thursday, January 18, 2024.

IX. NEW BUSINESS – None.

X. ITEMS OF BOARD – Staff noted that KTAAA will be sending out information regarding an additional funding source for the 2023/2024 funding year. When staff receives that information, they will be sure to update the Committee.

XI. ADJOURNMENT

The meeting was adjourned at 12:25PM.

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

Next meeting is scheduled for Wednesday, January 17, 2024 at Noon.

NUTRITION ACTIVITY REPORT

MONTH: November 2023

DAYS OF SERVICE: 19

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	705		10 Meals Staff & Vol	770	2,666	2,519	13,055
IG - Guest	50						
C1 TOTAL	755	40					
C2 - To Go/Frozen			5 Guest Meals				
Hot	2,245			2,245		13,033	
IG - Guest	23			23			
Frozen	780			780		4,160	
C2 TOTAL	3,048	160		3,048	842	17,216	3,527
SENIOR TOTAL	3,803			3,818	3,508	19,735	16,582

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 753.30	\$ 1.07	\$ 1,895.00	\$ 2,678.85	\$ 10,580.77
C2 - To Go/Frozen	\$ 2,851.43	\$ 0.94	\$ 20.00	\$ 14,004.86	\$ 480.00
	\$ 3,604.73		\$ 1,915.00	\$ 16,683.71	\$ 11,060.77

NUTRITION ACTIVITY REPORT

MONTH: DECEMBER 2023

DAYS OF SERVICE: 19

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE	
C1 - Congregate	750		10 Meals Staff & Vol	832	2,673	3,351	15,728	
IG - Guest	65							
C1 - TOTAL	815	43			832			
C2 - To Go/Frozen			7 Guest Meal					
Hot	2,260				2,260		15,293	
IG - Guest	34				34			
Frozen	850				850		5,010	
C2 TOTAL	3,144	165		3,144	630	20,360	4,157	
SENIOR TOTAL	3,959			3,976	3,303	23,711	19,885	

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 692.70	\$ 0.92	\$ 1,988.25	\$ 3,371.55	\$ 12,569.02
C2 - To Go/Frozen	\$ 2,335.45	\$ 0.74	\$ 20.00	\$ 16,340.31	\$ 500.00
	\$ 3,028.15		\$ 2,008.25	\$ 19,711.86	\$ 13,069.02

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION
Recreation and Social Services Attendance Report 2023-2024 November 2023

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	6	13	19	111	58
Cards		0	10	14	60
Line Dancing Lessons	11	34	29	178	117
Knitting & Crochet	4	24	19	99	70
Mah Jong	5	11	12	91	101
Memory Lane Writing	5	22	11	61	93
Open Painting	6	52	50	233	226
Subtotal		156	89	493	406
RECREATION - TSS Events					
Bingo	49	99	197	822	974
Dance - Friday	45	135	145	1124	1285
Subtotal		234	342	1946	2259
Special Events					
Caregiver Support Group (Monthly)		4	0	21	0
Subtotal		0	0		
Outreach					
100X Form New		34	47	229	44
Front Office/Phone		391	312	2152	818
Facebook (709 Followers 3 posts)		627	3225	3071	3399
Monthly Newsletter		200	200	1000	1000
Nutrition Education		200	200	1030	200
Subtotal		1452	3984	7482	5461
Social Services					
Hicap Counseling		1	5	7	5
Referral/Community Services		14	8	65	52
Legal Service-Attorney		3	4	11	4
Subtotal		18	17	83	61
Corporation Meetings					
Aging Commission (I & A)		5	6	15	6
Tulare Senior Services (I & A)		12	12	62	19
Subtotal		17	18	77	25

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION
Recreation and Social Services Attendance Report 2023-2024 December 2023

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	7	24	23	135	81
Cards	0	0	8	14	68
Line Dancing Lessons	7	27	9	205	126
Knitting & Crochet	4	13	14	112	84
Mah Jong	3	10	13	101	114
Memory Lane Writing	4	13	6	74	99
Open Painting	5	31	38	264	264
Subtotal		118	67	567	473
RECREATION - TSS Events					
Bingo	64	194	158	1016	1132
Dance - Friday	82	413	193	1537	1478
Subtotal		607	351	2553	2610
Special Events					
Caregiver Support Group (Monthly)		5	0	26	0
Subtotal		0	0		
Outreach					
100X Form New		61	62	290	298
Front Office/Phone		421	261	2573	1949
Facebook (718 Followers 12 posts)		634	2046	3705	8162
Monthly Newsletter		200	200	1200	1200
Nutrition Education		300	300	1330	600
Subtotal		1616	2869	9098	12209
Social Services					
Hicap Counseling		0	0	7	5
Referral/Community Services		12	14	77	64
Legal Service-Attorney			3	13	13
Subtotal		12	17	97	82
Corporation Meetings					
Aging Commission (I & A)		0	0	15	12
Tulare Senior Services (I & A)		0	12	62	81
Subtotal		0	12	77	93