



## SPECIAL MEETING - AGENDA

### COMMITTEE ON AGING

October 4, 2023, 12:00PM

Tulare Senior Community Center

Cascade Room

201 NORTH "F" STREET

### MISSION STATEMENT

**TO PROMOTE A COMMUNITY MAKING TULARE THE MOST DESIRABLE PLACE TO LIVE,  
LEARN, PLAY, WORK, WORSHIP AND PROSPER**

#### I. CALL TO ORDER

#### II. PLEDGE OF ALLEGIANCE

#### III. CITIZEN COMMENTS

*This is the time for citizens to comment on items within the jurisdiction of the Board. The Board cannot legally discuss or take official action on citizen comments that are introduced today. Each speaker will be allowed **three minutes**, with a maximum time of 10 minutes per item, unless otherwise extended by the Board.*

#### IV. COMMUNICATIONS

*Communications are to be submitted 10 days prior to a meeting to be considered for this section of the Agenda. No action will be taken on matters listed under communications; however, the Board may direct staff to schedule issues raised during communications for a future agenda. Citizen comments will be limited to **three minutes**, per topic, unless otherwise extended by the Board.*

#### V. CONSENT CALENDAR:

*All Consent Calendar Items are considered routine and will be enacted in one motion. There will be no separate discussion of these matters unless a request is made, in which event the item will be removed from the Consent Calendar to be discussed and voted upon by a separate motion.*

##### (1). AGENDA

- a. Approval of the agenda for meeting – October 4, 2023.

##### (2). MINUTES

- a. Approval of the minutes from the meeting July 19, 2023.

#### VI. GENERAL BUSINESS

##### (1). NUTRITION

- a. Nutrition Report. These reports cover congregate and home delivered (hot and frozen) meal participation for the months of July and August 2023.

(2). RECREATION-COMMUNITY SERVICES

- a. Recreation Report. These reports cover recreational activities and participation for the months of July and August 2023.
- b. Classes & Activities: Additional information regarding classes and activities that may be prudent to the Commission.

**VII. OLD BUSINESS –**

(1) RESOURCE FAIR

- a. Committee member Ralph Cantu would like to explore the possibility of having a Senior Resource fair here at the Tulare Senior Center for the Seniors in our Community.

**VIII. NEW BUSINESS – None.**

**IX. ITEMS OF BOARD –**

(1) 2023-2024 K/TAAA Contract Update

- a. K/TAAA has submitted three agreements for City of Tulare approval:
  - i. K/TAAA regular agreement - \$274, 201
  - ii. Infrastructure agreement (agreement from previous year just reallocated to 2023/2024) - \$81, 467
  - iii. Intergenerational funding agreement - \$57, 686
    - 1. Intergenerational funding is a new component to our funding, the funding will allow us to target younger generations to connect with seniors.
    - 2. Staff have planned to utilize this funding to pay for both Thanksgiving and Christmas meals for senior participants and their families, should they wish to attend.
  - iv. TOTAL AGREEMENT AWARD FOR 2023/2024 FY - \$413, 354

**X. ADJOURNMENT**

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

[Note: Pursuant to Government Code 54957.5 – Effective 7/1/08 Documents produced and distributed less than 72 hours prior to or during an open session of a regular meeting to a majority of the legislative body regarding any item on the agenda will be made available for public inspection at the meeting and at the City Clerk's office at City Hall located at 411 East Kern Avenue during normal business hours.

**Next Scheduled Committee Meeting: November 15, 2023**

# MINUTES

## COMMITTEE ON AGING

12 NOON

Wednesday, July 19, 2023

Tulare Senior Community Center, 201 North "F" Street  
Cascade Room

### MISSION STATEMENT

*To Promote a community making Tulare the most desirable place to  
Live, Learn, Play, Work, Worship and Prosper*

#### I. CALL TO ORDER

The Regular Meeting of the Committee on Aging was called to order at 12:02 p.m. by Albert Lemus.  
MEMBERS PRESENT: Ralph Cantu, Albert Lemus, Jevon Price, and Jackie Zupp  
MEMBERS ABSENT: Pam Malloy  
STAFF PRESENT: Ashlee Winslow and Brian Beck  
GUESTS:

#### II. PLEDGE OF ALLEGIANCE

The flag salute conducted.

#### III. CITIZEN COMMENTS – None.

#### IV. COMMUNICATIONS – None.

#### V. CONSENT CALENDAR

a. Approval of Agenda – the agenda was not approved at this meeting.

b. Approval of the minutes – motion made by Jevon Price, seconded by Ralph Cantu. Motion passed with no objection.

#### VI. SCHEDULED CITIZEN OR GROUP PRESENTATIONS – None.

#### VII. GENERAL BUSINESS

a. NUTRITION REPORT: Ashlee Winslow reported on months May/June, 2023.

a. Approval of the May and June Nutrition Report – motion made by Jevon Price, seconded by Albert Lemus. Motion passed with no objection.

b. RECREATION REPORT: Ashlee Winslow reported on months May/June, 2023.

a. Approval of the May and June, 2023 Recreation Report – motion made by Jackie Zupp, seconded by Ralph Cantu. Motion passed with no objection.

- VIII. OLD BUSINESS** – Ralph Cantu reported that he is still interested in having a Senior event here at the Senior Center and would like staff to see if they can get CSet to get involved in the event. Ralph mentioned that he would like it to be a smaller version of Senior Day in the Park.
- a. Staff will reach out to CSet and see what involvement we can get from them and if they are interested in being involved.

**IX. NEW BUSINESS** – None.

**X. ITEMS OF BOARD** – Jackie asked what exactly will be happening with the restroom construction. Staff mentioned that they weren't too sure, Facilities mentioned that they were doing ADA upgrades.

**XI. ADJOURNMENT**

The meeting was adjourned at 12:38PM.

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**Next meeting is scheduled for Wednesday, September 20, 2023 at Noon.**

# NUTRITION ACTIVITY REPORT

MONTH: JULY 2023  
DAYS OF SERVICE: 20

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	242	12	8 Meals Staff & Vol	246	2,197	246	2,197
C2							
C2 - To Go	2,559		4 Guest Meals	2,567		2,567	
C2 - Frozen	790				790		790
C2 TOTAL	3,349	167		3,357	600	3,357	600
SENIOR TOTAL	3,591			3,603	2,797	6,960	2,797

## SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 397.00	\$ 1.64	\$ 1,802.05	\$ 397.00	\$ 1,802.05
C2 - To Go/Frozen	\$ 2,880.81	\$ 0.86	\$ 220.00	\$ 2,880.81	\$ 220.00
	\$ 3,277.81		\$ 2,022.05	\$ 3,277.81	\$ 2,022.05

## NUTRITION ACTIVITY REPORT

MONTH: AUGUST 2023

DAYS OF SERVICE: 23

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
LUNCH	618	27	10 Meals Staff & Vol	631	2,720	877	4,917
HOME DELIVERY							
Hot	2,567		13 Guest Meals	2,577		5,144	
Frozen	910			910		1,700	
<b>C2 TOTAL</b>	<b>3,477</b>	151		<b>3,487</b>	710	<b>6,844</b>	1,310
<b>SENIOR TOTAL</b>	<b>4,095</b>			<b>4,118</b>	<b>3,430</b>	<b>7,721</b>	6,227

### SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 766.55	\$ 1.24	\$ 2,272.07	\$ 1,163.55	\$ 4,074.12
C2 - To Go/Frozen	\$ 2,487.73	\$ 0.72	\$ 120.00	\$ 5,368.54	\$ 340.00
	<b>\$ 3,254.28</b>		\$ 2,392.07	<b>\$ 6,532.09</b>	\$ 4,414.12

**RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION**  
**Recreation and Social Services Attendance Report 2023-2024 July 2023**

<b>ACTIVITY/SERVICE NON-REVENUE</b>	<b>AVERAGE ATTENDANCE</b>	<b>TOTAL THIS MONTH</b>	<b>SAME MONTH LAST YEAR</b>	<b>YEAR TO DATE</b>	<b>LAST YEAR TO DATE</b>
Bible Study	5	20	12	20	12
Cards	3	10	4	10	4
Line Dancing Lessons	7	25	0	25	0
Knitting & Crochet	4	17	8	17	8
Mah Jong	5	20	29	20	29
Memory Lane Writing	4	17	15	17	15
Open Painting	6	53	31	53	31
Ping Pong	0	0	0	0	0
<b>Subtotal</b>		<b>162</b>	<b>53</b>	<b>92</b>	<b>53</b>
<b>RECREATION - TSS Events</b>					
Bingo	62	186	180	186	180
Dance - Friday	66	264	250	264	250
<b>Subtotal</b>		<b>450</b>	<b>430</b>	<b>450</b>	<b>430</b>
<b>Special Events</b>					
Caregiver Support Group (Montly)		4	0	4	0
<b>Subtotal</b>		<b>0</b>	<b>0</b>		
<b>Outreach</b>					
100X Form New		59	34	59	34
Front Office/Phone		393	329	393	329
Facebook (671 Followers 5 posts)		602	591	602	591
Monthly Newsletter		200	200	200	200
Nutrition Education		200	0	200	0
<b>Subtotal</b>		<b>1454</b>	<b>1154</b>	<b>1454</b>	<b>1154</b>
<b>Social Services</b>					
Hicap Counseling		2	0	2	0
Referral/Community Services		8	14	8	14
Legal Service-Attorney		1	1	1	1
In Home Care Support		3	0	3	0
<b>Subtotal</b>		<b>14</b>	<b>15</b>	<b>14</b>	<b>15</b>
<b>Corporation Meetings</b>					
Aging Commission (I & A)		6	6	6	6
Tulare Senior Services (I & A)		14	9	14	9
<b>Subtotal</b>		<b>20</b>	<b>15</b>	<b>20</b>	<b>15</b>

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION

Recreation and Social Services Attendance Report 2023-2024 August 2023

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	8	26	13	46	25
Cards	2	2	16	12	20
Line Dancing Lessons	10	40	33	65	33
Knitting & Crochet	6	31	10	48	18
Mah Jong	4	22	20	42	49
Memory Lane Writing	5	27	26	22	41
Open Painting	7	58	52	111	83
<b>Subtotal</b>		<b>206</b>	<b>92</b>	<b>213</b>	<b>145</b>
<b>RECREATION - TSS Events</b>					
Bingo	57	286	242	472	422
Dance - Friday	72	291	265	555	515
<b>Subtotal</b>		<b>577</b>	<b>507</b>	<b>1027</b>	<b>937</b>
<b>Special Events</b>					
Caregiver Support Group (Montly)		4	0	12	0
<b>Subtotal</b>		<b>0</b>	<b>0</b>		
<b>Outreach</b>					
100X Form New		53	51	112	85
Front Office/Phone		433	345	826	674
Facebook (679 Followers 4 posts)		606	389	1208	980
Monthly Newsletter		200	200	400	400
Nutrition Education		199	100	399	100
<b>Subtotal</b>		<b>1491</b>	<b>1085</b>	<b>2945</b>	<b>2239</b>
<b>Social Services</b>					
Hicap Counseling		0	0	4	0
Referral/Community Services		7	22	23	36
Legal Service-Attorney		2	2	4	3
<b>Subtotal</b>		<b>9</b>	<b>24</b>	<b>31</b>	<b>39</b>
<b>Corporation Meetings</b>					
Aging Commission (I & A)		0	0	6	6
Tulare Senior Services (I & A)		12	12	26	21
<b>Subtotal</b>		<b>12</b>	<b>12</b>	<b>32</b>	<b>27</b>