



AGENDA

COMMITTEE ON AGING

March 15, 2023, 12:00PM

Tulare Senior Community Center

Cascade Room

201 NORTH "F" STREET

MISSION STATEMENT

**TO PROMOTE A COMMUNITY MAKING TULARE THE MOST DESIRABLE PLACE TO LIVE,
LEARN, PLAY, WORK, WORSHIP AND PROSPER**

I. CALL TO ORDER

II. PLEDGE OF ALLEGIANCE

III. CITIZEN COMMENTS

*This is the time for citizens to comment on items within the jurisdiction of the Board. The Board cannot legally discuss or take official action on citizen comments that are introduced today. Each speaker will be allowed **three minutes**, with a maximum time of 10 minutes per item, unless otherwise extended by the Board.*

IV. COMMUNICATIONS

*Communications are to be submitted 10 days prior to a meeting to be considered for this section of the Agenda. No action will be taken on matters listed under communications; however, the Board may direct staff to schedule issues raised during communications for a future agenda. Citizen comments will be limited to **three minutes**, per topic, unless otherwise extended by the Board.*

V. CONSENT CALENDAR:

All Consent Calendar Items are considered routine and will be enacted in one motion. There will be no separate discussion of these matters unless a request is made, in which event the item will be removed from the Consent Calendar to be discussed and voted upon by a separate motion.

(1). AGENDA

- a. Approval of the agenda for meeting – March 15, 2023.

(2). MINUTES

- a. Approval of the minutes from the meeting January 18, 2023.

VI. GENERAL BUSINESS

(1). NUTRITION

- a. Nutrition Report. These reports cover congregate and home delivered (hot and frozen) meal participation for the months of November and December, 2022.

1. Approval of the November and December, 2022 Nutrition Reports.
- b. Nutrition Report. These reports cover congregate and home delivered (hot and frozen) meal participation for the months of January and February, 2023.
 1. Approval of the January and February, 2023 Nutrition Reports.

(2). RECREATION-COMMUNITY SERVICES

- a. Recreation Report. These reports cover recreational activities and participation for the months of November and December, 2022.
 1. Approval of the November and December, 2022 Recreation Reports.
- b. Recreation Report. These reports cover recreational activities and participation for the months of January and February, 2023.
 1. Approval of the November and December, 2022 Recreation Reports.
- c. Classes & Activities: Additional information regarding classes and activities that may be prudent to the Commission.

VII. OLD BUSINESS – None.

VIII. NEW BUSINESS

(1) RESOURCE FAIR

- a. Committee member Ralph Cantu would like to explore the possibility of having a Senior Resource fair here at the Tulare Senior Center for the Seniors in our Community.

IX. ITEMS OF BOARD

(1) UPDATE ON KTAAA INFRASTRUCTURE FUNDS

- a. Staff is working with facilities and other city departments to begin expenditure of the previously approved KTAAA Infrastructure funds. These funds were approved by City Council on January 17, 2023.

(2) TULARE SENIOR CENTER – GREEN WASTE RECYCLING

- a. The Tulare Senior Center will be required to participate in the State mandated organics recycling program – AB 1826. Staff is still working out the finer details of the program, but should be fully participating no later than April 3rd, 2023.

(3) KTAAA – NEW REGISTERED DIETITIAN

- a. The Tulare Senior Center Staff and KTAAA have been working with a new RD for the congregate lunch program. Staff is working to get her caught up. First meeting with her was held February 27th and are working with her to schedule her 4th quarter meeting sometime in April.

X. ADJOURNMENT

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

[Note: Pursuant to Government Code 54957.5 – Effective 7/1/08 Documents produced and distributed less than 72 hours prior to or during an open session of a regular meeting to a majority of the legislative body regarding any item on the agenda will be made available for public inspection at the meeting and at the City Clerk's office at City Hall located at 411 East Kern Avenue during normal business hours.

Next Scheduled Committee Meeting: May 17, 2023

MINUTES

COMMITTEE ON AGING

12 NOON

Wednesday, January 18, 2023

Tulare Senior Community Center, 201 North "F" Street
Cascade Room

MISSION STATEMENT

*To Promote a community making Tulare the most desirable place to
Live, Learn, Play, Work, Worship and Prosper*

I. CALL TO ORDER

The Regular Meeting of the Committee on Aging was called to order at 12:00 p.m. by Pam Malloy.
MEMBERS PRESENT: Ralph Cantu, Pam Malloy, Jevon Price, and Jackie Zupp
MEMBERS ABSENT: Albert Lemus
STAFF PRESENT: Ashlee Winslow and Brian Beck
GUESTS:

II. PLEDGE OF ALLEGIANCE

The flag salute conducted.

III. CITIZEN COMMENTS – None.

IV. COMMUNICATIONS – None.

V. CONSENT CALENDAR – Approval of minutes from the November 16, 2022 meeting. Motion was made by Jevon Price, second by Jackie Zupp.

VI. SCHEDULED CITIZEN OR GROUP PRESENTATIONS – None.

VII. GENERAL BUSINESS

- a. NUTRITION REPORT: Ashlee Winslow reported on months November and December, 2022.
 - a. Approval still needed – reports will be moved to March 2023 meeting.
- b. RECREATION REPORT: Ashlee Winslow reported on months November and December, 2022.
 - a. Approval still needed – reports will be moved to March 2023 meeting.

VIII. OLD BUSINESS – Committee member Ralph Cantu talked about the KTAAA resource catalog noting that a majority of phone numbers in the legal section no longer were working. Committee member Pam Malloy noted that this is something happening all across Tulare County, with all the changes to businesses, the County is having a hard time keeping up with the changes. Ashlee noted that she would contact KTAAA and let them know.

IX. NEW BUSINESS – City Council Approval of KTAAA Amendment Funds – Ashlee and Brian discussed the City Council’s approval of additional funds through the KTAAA contract. A portion of these funds were already approved by the City Council in May 2022 and the other are additional funds that will allow the City of get a new commercial dishwasher, new vehicle, and some additional ADA work to the Senior Center.

X. ITEMS OF BOARD INTEREST – Holiday Food Box Giveaway – Ashlee discussed how the Thanksgiving and Christmas food box giveaway went, noting that there was close to 200 attendees for both meals, which was an increase from 2021 by almost 80 attendees. Staff also discussed the Cookies and Cocoa with Santa event that took place in December. Staff noted that there were over 100 people in attendance from various people in the community, even community members who walked over with their families from the local residences.

XI. ADJOURNMENT

The meeting was adjourned at 12:21PM.

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

Next meeting is scheduled for Wednesday, March 15, 2023 at Noon.

NUTRITION ACTIVITY REPORT

MONTH: November 2022

DAYS OF SERVICE: 19

ATTENDANCE DAYS / DAYS

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance	STAFF GUESTS	TOTAL THIS MONTH	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
		This Month	VOLUNTEERS				
LUNCH	2634	139	21 Meals Staff & Vol	2666	1607	13023	8438
HOME DELIVERY							
Hot	32		11 Guest Meals				
Frozen	810						
C2 TOTAL	842	44		842	583	3527	2348
SENIOR TOTAL	3476			3508	2190	16550	10786

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	FISCAL YEAR TO DATE	LAST YEAR TO DATE
LUNCH	1895.00	0.72	1268.00	10580.77	6634.50
HD	20.00	0.02	100.00	480.00	2547.00
	1915.00		1368.00	11060.77	9181.50

NUTRITION ACTIVITY REPORT

MONTH: DECEMBER 2022

DAYS OF SERVICE: 19

ATTENDANCE DAYS / DAYS

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance	STAFF GUESTS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
		This Month	VOLUNTEERS				
LUNCH	2657	140	8 Meals	2673	1393	15693	9831
			Staff & Vol				
HOME DELIVERY							
Hot	30		8 Guest				
Frozen	600		Meal				
C2 TOTAL	630	33		630	458	4157	2806
SENIOR TOTAL	3287			3303	1851	19850	12637

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
LUNCH	1988.25	0.75	1253.00	12569.02	7887.50
HD	20.00	0.03	109.00	500.00	2656.00
	2008.25		1362.00	13069.02	10543.50

NUTRITION ACTIVITY REPORT

MONTH: JANUARY 2023

DAYS OF SERVICE: 20

ATTENDANCE DAYS / DAYS

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance	STAFF GUESTS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
		This Month	VOLUNTEERS	MONTH	LAST YR	DATE	TO DATE
LUNCH	2697	135	10 Meals Staff & Vol	2716	1463	18390	11294
HOME DELIVERY							
Hot	0		9 Guest Meal				
Frozen	850						
C2 TOTAL	850	45		850	420	5007	3226
SENIOR TOTAL	3547			3566	1883	23397	14520

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
LUNCH	2279.85	0.85	1290.00	14848.87	9711.50
HD	20.00	0.02	60.00	520.00	2716.00
	2299.85		1350.00	15368.87	12427.50

NUTRITION ACTIVITY REPORT

MONTH: FEBRUARY 2023

DAYS OF SERVICE: 19

ATTENDANCE DAYS / DAYS

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance	STAFF GUESTS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
		This Month	VOLUNTEERS				
LUNCH	2638	139	8 Meals Staff & Vol	2647	1447	21037	12741
HOME DELIVERY							
Hot	0		1 Guest				
Frozen	860		Meal				
C2 TOTAL	860	45		860	470	5867	3696
SENIOR TOTAL	3498			3507	1917	26904	16437

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
LUNCH	2512.70	0.95	1242.00	17361.57	10419.50
HD	30.00	0.03	81.00	550.00	2797.00
	2542.70		1323.00	17911.57	13216.50

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION

Recreation and Social Services Attendance Report 2022-2023 November 2022

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	3	19	0	58	0
Cards	2	10	0	60	0
Line Dancing Lessons	5	29	0	117	0
Knitting & Crochet	4	19	0	70	0
Mah Jong	6	12	0	101	0
Memory Lane Writing	3	11	0	93	0
Open Painting	5	50	0	226	0
Additional Activity Attendance	0	0	0	0	0
Subtotal		150	0	406	0
RECREATION - TSS Events					
Bingo	49	197	0	974	0
Dance - Friday	72	145	0	1285	0
Softball League (M & Th)	0	0	0	0	0
Subtotal		342	0	2259	0
Special Events					
Subtotal		0	0		
Outreach					
100X Form New/Updated		47	16	236	44
Front Office/Phone		312	181	1688	818
Facebook (557 Followers 7 post)		3225	2328	6116	3399
Monthly Newsletter		200	200	1000	1000
Nutrition Education		200	0	300	0
Subtotal		3984	2725	9340	5261
Social Services					
Hicap Counseling		5	0	5	0
Referral/Community Services		8	4	50	52
Legal Service-Attorney		4	1	10	1
Subtotal		17	5	65	53
Corporation Meetings					
Aging Commission (I & A)		6	6	12	6
Tulare Senior Services (I & A)		12	7	69	7
Subtotal		18	13	81	13

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION

Recreation and Social Services Attendance Report 2022-2023 December 2022

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	5	23	0	81	0
Cards	3	8	0	68	0
Line Dancing Lessons	4	9	0	126	0
Knitting & Crochet	4	14	0	84	0
Mah Jong	6	13	0	114	0
Memory Lane Writing	3	6	0	99	0
Open Painting	6	38	0	264	0
Additional Activity Attendance	0	0	0	0	0
Subtotal		111	0	473	0
RECREATION - TSS Events					
Bingo	52	158	0	1132	0
Dance - Friday	64	193	0	1478	0
Softball League (M & Th)	0	0	0	0	0
Subtotal		351	0	2610	0
Special Events					
Subtotal		0	0		
Outreach					
100X Form New/Updated		62	10	298	54
Front Office/Phone		261	211	1949	1029
Facebook (563 Followers 5 post)		2046	1604	8162	5003
Monthly Newsletter		200	200	1200	1200
Nutrition Education		300	0	600	0
Subtotal		2869	2025	12209	7286
Social Services					
Hicap Counseling		0	0	5	0
Referral/Community Services		14	0	64	52
Legal Service-Attorney		3	0	13	0
Subtotal		17	0	82	52
Corporation Meetings					
Aging Commission (I & A)		0	0	12	0
Tulare Senior Services (I & A)		12	0	81	0
Subtotal		12	0	93	0

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION

Recreation and Social Services Attendance Report 2022-2023 January 2023

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	4	17	0	98	0
Cards	2	8	0	76	0
Line Dancing Lessons	9	25	0	151	0
Knitting & Crochet	2	11	0	96	0
Mah Jong	5	15	0	129	0
Memory Lane Writing	4	15	0	114	0
Open Painting	6	47	0	311	0
Additional Activity Attendance	0	0	0	0	0
Subtotal		138	0	550	0
RECREATION - TSS Events					
Bingo	53	212	0	1344	0
Dance - Friday	65	260	0	1738	0
Softball League (M & Th)	0	0	0	0	0
Subtotal		472	0	3082	0
Trips					
Subtotal		0	0		
Special Events					
Subtotal		0	0		
Outreach					
100X Form New/Updated		36	17	334	71
Front Office/Phone		278	191	2227	1220
Facebook (616 Followers 4 post)		469	398	8631	5401
Monthly Newsletter		200	200	1400	1400
Nutrition Education		200	0	800	0
Subtotal		1183	806	13392	8092
Social Services					
Hicap Counseling		0	0	5	0
Referral/Community Services		7	10	71	84
Legal Service-Attorney		3	0	16	0
Subtotal		10	10	92	84
Corporation Meetings					
Aging Commission (I & A)		6	0	18	0
Tulare Senior Services (I & A)		12	0	93	0
Subtotal		18	0	111	0

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION
Recreation and Social Services Attendance Report 2022-2023 February 2023

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	4	18	0	116	0
Cards	0	0	0	76	0
Line Dancing Lessons	5	17	0	163	0
Knitting & Crochet	3	15	0	111	0
Mah Jong	6	24	0	153	0
Memory Lane Writing	6	18	0	132	0
Open Painting	6	46	0	357	0
Ping Pong	2	4	0	4	0
Subtotal		142	0	619	0
RECREATION - TSS Events					
Bingo	63	252	0	1596	0
Dance - Friday	78	312	0	2050	0
Softball League (M & Th)	0	0	0	0	0
Subtotal		564	0	3646	0
Trips					
Subtotal		0	0		
Special Events					
Subtotal		0	0		
Outreach					
100X Form New/Updated		44	13	378	84
Front Office/Phone		266	194	2493	1658
Facebook (628 Followers 3 post)		522	481	9153	5882
Monthly Newsletter		200	200	1600	1600
Nutrition Education		0	0	800	200
Subtotal		1032	888	14424	9424
Social Services					
Hicap Counseling		2	0	7	0
Referral/Community Services		24	12	95	63
Legal Service-Attorney		1	5	17	8
Subtotal		27	17	119	71
Corporation Meetings					
Aging Commission (I & A)		0	0	18	0
Tulare Senior Services (I & A)		12	0	105	0
Subtotal		12	0	123	0